



08.07.2022

St. Helena's Weekly Newsletter

Dear Families,

Well, what shenanigans have been going on in London's Houses of Parliament this week - I think they need to meet our Members of Parliament and chat through a few things! Our 12 children, ably assisted by Ellycia, the school's Prime Minister have considered their questions for candidates for the Headship and yet again their wisdom and deep knowledge of what is best for the school has shone through. Thank you, children, we would be sensible to listen to you!

As we hurtle towards the end of the year, there is much going on - Y6 are having their Y7 transition days at their new schools, Year 4 are drumming and singing at the Alford Arts festival, Year 3 and 4 are off on a Geography field study day to Snipe Dales and the whole school are involved in a Creativity Day today! Watch out on our school Facebook page for glimpses of these activities.

Hopefully we will see you in school to collect the children's reports on Tuesday 19th July between 3:30pm and 5:30pm.

Enjoy the activities in Alford this weekend celebrating the Arts - check out our school's display in St Wilfred's Church! More creativity, Mr Keaton!

Relationships and Sex Education

During the next few weeks, the children in Year 1, 2, 3, 5 and 6 will be exploring Relationships and Sex Education as part of their Science and PSHE learning. All of the content to be delivered is in line with the Science curriculum, and the new 2021/22 PSHE/RSE framework for primary schools.

Over the course of a number of sessions, the children explore:
Puberty, hygiene and human development.
Love and relationships.

If you have any queries about the content of the sessions, please do not hesitate to contact school for more information. The Sex, Relationships and Health Education Policy is on our website www.st-helenascofe.lincs.sch.uk

Book and Cake Sale

Year 6 will be holding a Raffle, Book and Cake Sale on the playground

at 3:30pm on Friday 15th July.

All proceeds will be for their leavers fund.

Donations will be gratefully received.

Please come and support them!

Year 3 and Year 4 visit Snipe Dales.

As part of their geography studies Year 3 and Year 4 will be visiting Snipe Dales on Tuesday 12th July, 2022. The children will leave school at 9:30am and will be back for the end of their usual school day.

They will need to wear old clothes, wellingtons , waterproof coat and have a packed lunch with plenty to drink.

We kindly ask for a contribution of £14.00 towards the cost of this visit. Payments can be made via Parentmail or at the school office. Unfortunately, if we do not receive sufficient contributions for this visit it may not be able to go ahead.

Year 3 and Year 4 visit Snipe Dales.

I enclose a contribution of £14.00 towards the cost of visiting Snipe Dales on Tuesday 12th July 2022.

Signed

Date

All After School Clubs have now finished.

Year 1 and Year 2 visit Rand Farm Park.

Year 1 and 2 will be visiting Rand Farm Park on Thursday 21st July, 2022. They will be leaving school at 9:30am and will be back for the usual end of day. The children will need to wear school uniform, a showerproof coat and sensible shoes. They will also need a packed lunch and plenty to drink.

We kindly ask for a contribution of £12.50 towards the cost of this visit. Payments can be made via Parentmail or at the school office. Unfortunately, if we do not receive sufficient contributions for this visit it may not be able to go ahead.

Year 1 and 2 visit Rand Farm Park.

I enclose a contribution of £12.50 towards the cost of visiting Rand Farm Park on Thursday 21st July 2022.

Signed

Date

Diary Dates 2022/2023

JULY

11th Y6 Induction Day at Banovallum,
Horncastle
11th Y6 Induction Day at Skegness Grammar
School
12th Y3/4 River Field Study
14th Y6 JSTC Induction Day
14th YR & Y1 Curriculum Meeting.
15th Y6 JSTC Induction Day
19th 3:30-5:30pm Reports to Parents/Open
Evening
20th 6pm Y6 Leavers' Presentation night
21st Y1/2 visit Rand Farm Park
22nd Y6 Leavers' Celebration and Film
End of Term 6

SEPTEMBER

1st Staff Training Day
2nd Staff Training Day
5th Staff Training Day
6th School Opens - Term 1

OCTOBER

21st End of Term 1
31st School Open—Term 2

NOVEMBER

DECEMBER

16th End of Term 2

JANUARY 2023

3rd Staff Training Day
4th School Open—Term 3

FEBRUARY

10th End of Term 3
20th School Open—Term 4

MARCH

31st End of Term 4

APRIL

17th Staff Training Day
18th School Open—Term 5

MAY

26th End of Term 5

JUNE

5th School Open—Term 6

JULY

21st End of Term 6

Little Explorers' Sports Day

It was a delight to see all our Little Explorers participate so enthusiastically in their sports events on Tuesday. A lovely sunny afternoon saw 40 family members watching the children take part in a variety of races. The children were pleased to have an audience and were very keen to wave to their parents and even more pleased to receive their medals at the end of the afternoon.

Thank to Kerry for the huge bowl of strawberries, to the staff for helping the children with their events, as well as inviting me to your super afternoon.

Willoughby Village Fair
Saturday 16th July

Please come along !

Donations for the tombola will be gratefully received.
Please bring into the school office.

Sunnyside Garden

Every day I open the greenhouses in the morning and then water the plants in the evening, before closing the windows and doors at night.

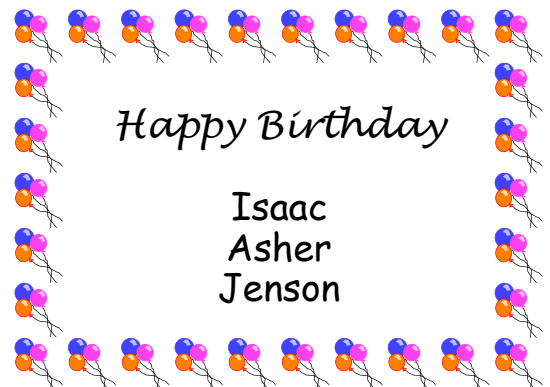
In my old greenhouse, the tomato plants have grown tall and once they produce 5 lots of flowers, I will break off the top of each plant. This is so that the plant can put its energy into the developing fruit. I have also started to remove the lower leaves so that the sun can reach the tomatoes and help them to ripen and turn red.

The grapes are also growing into larger bunches. I have a special pair of grape scissors which I need to use to remove some of the smaller grapes in each bunch. This allows the remaining grapes to grow bigger.

In the new greenhouse, which is warmer, the peppers, aubergine and cucumber plants are growing well. I think I will be able to pick the first cucumber in a few days. I have also sown some more flower seeds this week. The wallflower are already appearing as tiny plants after only a few days. The delphiniums and gaura still have to appear. I will put the seed trays outside to get strong little plants which will flower next year.



**School Association BBQ
has been postponed,
look out for the new date
in September.**



Reception and Year 1 Parents' Meeting

On Thursday 14th July, 2022 at 4:30pm the current Reception and Year 1 parents/ carers are invited to a meeting with Miss Newson, Mrs Shaw and Mrs Belton to learn how the children will be taught together next year. This will be an opportunity for parents to meet the teachers and also learn about the curriculum.



**Little Explorers' Nursery
St Helena's CE Primary School
Willoughby**



**Places available for
September 2022**



3 - 4 year olds

Term time only



Telephone 01507 462367

**for more details or to
book a visit.**

Or email admin@st-helenascofe.lincs.sch.uk



**Tuesday 12th July 2022
QEGS, Alford Open Evening
5:30-8:30pm**

School Uniform

New School Uniform is available from Nationwide Uniform at Spilsby and second-hand uniform is available from Alford Hub, which is opposite the butchers in Alford.

Alford Hub are always grateful for any good second-hand uniform your children may have outgrown.



Lincolnshire Music Service

Thanks to some short-term COVID recovery funding, Lincolnshire Music Service are delighted to announce that their Summer Music Workshops are now completely FREE of charge. This is a saving of around £30 per full-day workshop!

There is a range of full-day music workshops aimed at children and young people aged between 8-14!

Day	Venue	Timings	Event
Monday 25th July	Shug Studios, Sleaford	10-3pm	Junior Rocks!
	Junior Rocks! Lincolnshire Music Service (lincsmusicservice.org)		
Monday 25th July	Access Creative College, Lincoln	10-3pm	Beatboxing and DJing
	DJ skills, Beatboxing and Music Production Lincolnshire Music Service (lincsmusicservice.org)		
Tuesday 26th July	Shug Studios, Sleaford	10-3pm	Junior Rocks!
	Junior Rocks! Lincolnshire Music Service (lincsmusicservice.org)		
Tuesday 26th July	Access Creative College, Lincoln	10-3pm	Beatboxing and DJing
	DJ skills, Beatboxing and Music Production Lincolnshire Music Service (lincsmusicservice.org)		
Monday 1st August	Access Creative College, Lincoln	10-3pm	Junior Rocks
	Junior Rocks! Lincolnshire Music Service (lincsmusicservice.org)		
Tuesday 2nd August	Access Creative College, Lincoln	10-3pm	Junior Rocks!
	Junior Rocks! Lincolnshire Music Service (lincsmusicservice.org)		

Book early to avoid disappointment.

All workshops are delivered by experienced DBS cleared industry experts and supported by Lincolnshire Music Service.

For more information contact, musicservice@lincolnshire.gov.uk

Year 6 Induction Days

Monday 11th July	Bannovallum, Horncastle
Monday 11th July	Skegness Grammar School
Thursday 14th July	John Spendluffe Technology College, Alford
Friday 15th July	John Spendluffe Technology College, Alford

St Helena's does not provide transport for the Year 6 Induction Days; parents/carers must do this.

Summer Multi-Sports Camp

Summer multi-sports camp running at Skegness Grammar School by the wider David Ross Education Trust Sports Team. This camp was a great success at the May half-term and it is hoped for much of the same for the summer camp. Great to keep the students engaged over the long summer break! Please use the link below to book tickets

<https://www.eventbrite.co.uk/e/summer-holiday-sports-camp-at-skegness-grammar-school-2022-tickets-374298666387>

FUN, FOOD & FITNESS

Cupcakes!

I was talking with some families recently and discovered that the thought of baking scares them as there are so many different recipes out there they find it is hard to know which ones to choose. Well here is my 'go to' cupcake recipe that can be adapted for many different flavours. It's as easy as 1,2,3,4,5!

Ingredients for a plain sponge cupcake:

1. 115g self-raising flour
2. 115g caster sugar
3. 115g softened butter
4. 2 eggs
5. 1 teaspoon vanilla essence

For chocolate:

Swap 15g of flour for 15g of cocoa powder

For double chocolate:

Swap 15g of flour for 15g of cocoa powder

Swap the vanilla essence for 50g of chocolate chips

Almond cupcakes:

Swap 15g of flour for 15g of ground almonds

Swap the vanilla essence for almond essence

For lemon:

Swap the vanilla essence for grated lemon zest and a squeeze of lemon juice.

How to do it:

1. Measure out the ingredients and tip into a mixing bowl.
2. Mix all the ingredients together until just combined (ensure that the butter is softened before hand).
3. Line a 12 hole bun tin with 12 paper cases and equally spoon the mixture into 12 cupcake cases.
4. Bake in a preheated oven at Gas 5/190degrees for 15-20 minutes.
5. Allow to cool on a baking rack and enjoy!

Remember that all ovens vary, the cakes are done when lightly golden, firm to touch and a skewer comes out clean.

Once you've mastered the basics why not have some fun and invent your own creations! Decorating your cupcakes is always a winner with children, top tip for easy decorating if you don't want to make icing, spread a little jam on each cupcake to help the toppings stick!

Alford Town F.C.

CHARITY EVENT

Sands



**9th July
11am - 4pm**

**£1 entry
to car
park.**

Bouncy castles, raffles, food and fun.

Rob Allen Lauren Simpson



VS



in a sands charity football match.

Kick off at 1pm with a half time

performance by Heather Elvin school of dance.

ALL PROCEEDS TO SANDS

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SCIENCE
MAGAZINE**

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FOR £5**

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- gender-neutral
- keeps kids happy and screen-free for hours
- eco-friendly
- hands-on experiments, crafts, inspiring interviews, puzzles and more
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- offer ends 31st July 2022



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